

**Local Resources, Web Based Resources and Treatment Centers**

Employees and students with health insurance should consult their health insurance plan to determine the treatment program coverage that may be available to them. Additionally, the following support services may be available to you:

<b>2-1-1 SONOMA</b> <a href="http://211sonoma.org/">http://211sonoma.org/</a>	2-1-1
<p>2-1-1 Sonoma connects Sonoma County residents to non-emergency health and human services resources. Dial 211 to speak with a bilingual and friendly Information &amp; Referral Specialist any time of day or night. If you prefer, you can also search their online database for the same helpful resources. Their comprehensive database will connect you to accurate and up-to-date information and services. During times of disaster, the 2-1-1 Sonoma team will respond to provide you with local updates, advisories, and recovery resources. 2-1-1 Sonoma is here to advocate for you to find the resources you need to succeed, day and night, rain or shine. Whether you need a car seat, childcare, transportation, healthcare, housing...or whatever the case may be, 2-1-1 Sonoma is a RESOURCE and REFERRAL SERVICE dedicated to helping you find the right non-profit service that is specific to your needs. This is a 24/7 bilingual resource and information hotline</p>	
<b>MENTAL HEALTH</b>	
<b>Sonoma County Department of Health Services</b> <a href="http://www.sonoma-county.org/health/services/mentalhealthadults.asp">http://www.sonoma-county.org/health/services/mentalhealthadults.asp</a>	(800) 870-8786
<b>SEXUAL HEALTH</b>	
<b>Planned Parenthood</b> <a href="https://www.plannedparenthood.org">https://www.plannedparenthood.org</a>	(707) 527-7656
<b>SEXUAL ASSULT</b>	
<b>RAINN-Rape, Abuse &amp; Incest National Network</b> <a href="https://www.rainn.org/">https://www.rainn.org/</a>	(800) 656-4673
<b>DATING VIOLENCE</b>	
<b>Love is Respect</b> <a href="http://www.loveisrespect.org/">http://www.loveisrespect.org/</a>	(866) 331-9474
<b>Office of Women'srainn.org Health (OWH)</b> <a href="http://relationships-and-safety/other-types/dating-violence-and-abuse">v/relationships-and-safety/other-types/dating-violence-and-abuse</a>	(800) 994-9662
<b>DOMESTIC VIOLENCE</b>	
<b>National Domestic Violence Hotline</b> <a href="http://www.thehotline.org/">http://www.thehotline.org/</a>	(800) 799-7233
<b>National Coalition Against Domestic Violence (NCADV)</b> <a href="http://www.ncadv.org/">http://www.ncadv.org/</a>	(303) 839-1852
<b>YWCA 24 Hour Crisis Hotline</b> <a href="http://www.ywcasc.org/site/pp.aspx?c=7pLNLVPPeBLWH&amp;b=8190385">http://www.ywcasc.org/site/pp.aspx?c=7pLNLVPPeBLWH&amp;b=8190385</a>	(707) 546-1234
<b>SUICIDE PREVENTION</b>	
<b>North Bay Suicide Prevention Hotline</b> <a href="http://www.sonoma-county.org/health/topics/suicideprevention.asp">http://www.sonoma-county.org/health/topics/suicideprevention.asp</a>	(855) 587-6373
<b>National Suicide Prevention Lifeline</b> <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>	(800) 273-8255
<b>STALKING</b>	
<b>Office on Women's Health (OWH)</b> <a href="https://www.womenshealth.gov/relationships-and-safety/othertypes/stalking">https://www.womenshealth.gov/relationships-and-safety/othertypes/stalking</a>	(800) 994-9662
<b>The National Center for Victims of Crime</b> <a href="http://victimsofcrime.org/our-programs/stalking-resource-center/stalking-information">http://victimsofcrime.org/our-programs/stalking-resource-center/stalking-information</a>	(855) 484-2846
<b>DRUGS &amp; ALCOHOL</b>	
<b>Alcoholics Anonymous (AA)</b> <a href="http://www.sonomacountyaa.org">www.sonomacountyaa.org</a>	(707) 544-1300
<b>Al-Anon (friends/family members)</b> <a href="http://www.ncwsa.org/">www.ncwsa.org/</a>	(707) 575-6760
<b>Adult Children of Alcoholics (ACA)</b> <a href="http://www.adultchildren.org/">http://www.adultchildren.org/</a>	(562) 595-7831
<b>Narcotics Anonymous</b> <a href="http://www.sonomacountyna.org/">www.sonomacountyna.org/</a>	(707) 324-4062
<b>Santa Rosa Treatment Program</b> <a href="http://www.srtp.net/">http://www.srtp.net/</a>	(707) 576-0818
<b>Drug Abuse Alternatives Center (DAAC)</b> <a href="http://www.daacinfo.org/">http://www.daacinfo.org/</a>	(707) 544-3295
<b>California Human Development (CHD)</b> <a href="https://californiahumandevlopment.org/">https://californiahumandevlopment.org/</a>	(707) 521-4737

